

Clean & Tidy Home

**“Cleanliness is half of
faith.”**

Prophet Muhammad (ﷺ)



YEARLY

Carpets	
Upholstery	
Duvets/Pillows	
Matresses	
Burn papers	
Closets inside/out	
Behind/down the heavy devices	
Radiators	
Air conditioner, central heating boiler etc	

SEASONAL

Fridge/Freezer	
Fixture	
Oven/Airfryer/Rangehood	
Cooking appliances	
Cleaning products and tools	
Wipe down/Dust the items on display	
Drying machine, washing machine	
Zoom clean ex. corners of the sink...	
Sorting the baskets in each room	

MONTHLY

Windows&mirrors&curtains	
Dust shelves	
Baseboards	
Mop the floors	
Wipe screens (TV, laptops...)	
Get rid of mold	
Charity box	
Garden/balcony-weeds/organizesdeclutter,	
Dishwasher	
Clean drain pipes	
Wash prayer rags	

WEEKLY

Clean the bathrooms/trash out	
Change linens/sheets	
Change mop cloth, hand towels (kitchen, bathrooms)	
Declutter fridge	
Mop kitchen floor	
Turn on air purifier	
Organize/declutter	
Desinfect door handles	
Garden/Balcony floor mopping	
wash water bottles, wooden spatulas	

YEARLY

The third week of the month

Carpets	April
Upholstery	February
Duvets/Pillows	February
Matresses	April
Burn papers	July
Closets inside/out	July
Behind/down the heavy devices	February
Radiators	September
Air conditioner, central heating boiler, etc.	May

SEASONAL

The second week of the month

Fridge/Freezer	December&March&June&September
Fixture	December&March&June&September
Oven/Airfryer/Rangehood	December&March&June&September
Cooking appliances	December&March&June&September
Cleaning products and tools	December&March&June&September
Wipe down/Dust the items on display	December&March&June&September
Drying machine, washing machine	March&September
Zoom clean ex. corners of the sink...	March&September
Sorting the baskets in each room	December&March&June&September

MONTHLY

Windows&mirrors&curtains	The first week of the month
Dust shelves	The first week of the month
Baseboards	The first week of the month
Mop the floors	The first week of the month
Wipe screens (TV, laptops...)	The first week of the month
Get rid of mold	The first week of the month
Charity box	The first week of the month
Garden/balcony-weeds/organizes&declutter,	The first week of the month
Dishwasher+ deep clean wooden spatulas	The first week of the month
Clean drain pipes	The first week of the month
Wash prayer rags	The first week of the month

WEEKLY

Clean the bathrooms/ trash out	Thursdays
Change linens/sheets	Fridays
Change mop cloth, hand towels (kitchen, bathrooms)	Sundays
Declutter fridge	Sundays
Mop kitchen floor	Sundays
Turn on air purifier	Fridays
Organize/declutter	Monday
Desinfect door handles	Fridays
Garden/Balcony floor mopping	Monday
wash water bottles, wooden spatulas	Sunday



CLEANING SCHEDULE

JANUARY

FEBRUARY

MARCH

APRIL

MAY

JUNE

JULY

AUGUST

SEPTEMBER

OCTOBER

NOVEMBER

DECEMBER



Daily Cleaning Habits

♡ Open the windows in the morning to get some fresh air

♡ Make bed

♡ Load/Unload the dishwasher (morning&evening)

♡ One basket of laundry wash/dry/fold

♡ Keep the surfaces empty (kitchen table...)

♡ Tidy up with kids before leaving the house

♡ Keep track of what is in the freezer
(write down with a date)

♡ Wipe down kitchen countertops, table, stove

♡ Vacuum and clean the doorstep

♡ Take out trash and leftovers for the animals

♡ Plan the meals for tomorrow
(take out from the freezer if needed, groceries)

♡ Desinfect bathroom sinks & toilet bowl (before sleep)

♡ Make sure the sink is clean

♡ put the house to sleep (tidy up)

Sunday Reset Routine



A series of 15 horizontal white lines on a green background, providing a space for writing a Sunday Reset Routine.

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A series of 15 horizontal white lines on a green background, providing a space for writing a Sunday Reset Routine.

Sunday Reset Routine

Declutter the fridge

Check what you have in the freezer

Plan the meals/snacks/breakfasts

Plan the errands+hadith/verse of the week

Check the cleaning/homemaking schedule

Virtue to work on

Buy groceries

Finance check

Plan the weekly family trips/activities for the week

Rotate toys

Get ready for the weekly kids activities (homeschooling)

Change the kitchen towels, mop clothes

Go over the dump list and see what can/must be done the following week

Plan one intentional good deed for the week

Wash water bottles



Sunday Reset Routine

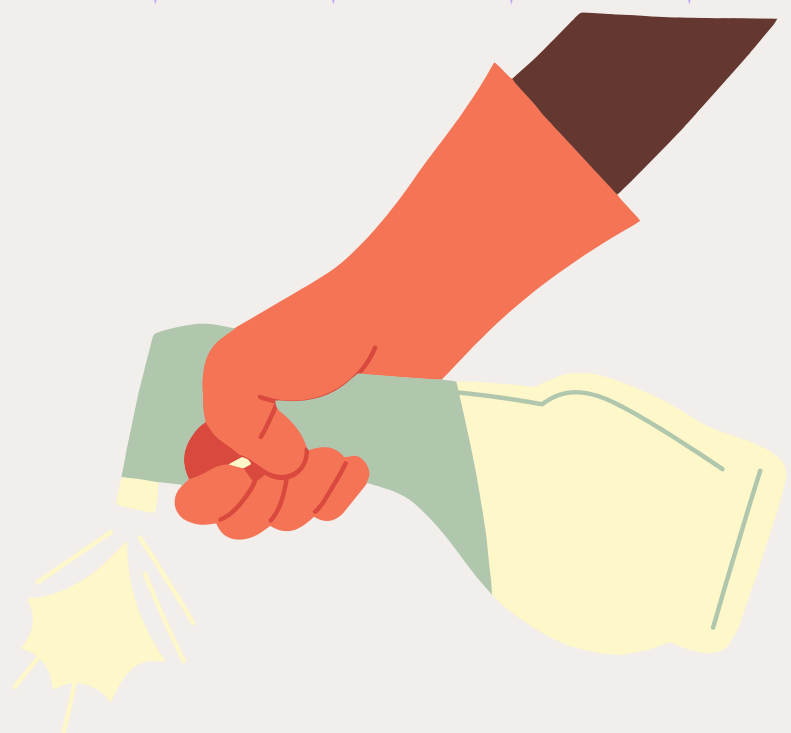
Wash/change cleaning cloths in the kitchen

Clean kettle

Desinfect sink

Desinfect door handles+light switches





MONTH



S	M	T	W	TH	F	S



Weekly Cleaning Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Tips:

- Start cleaning from top to bottom
- Also, start cleaning the things that need to sit in the cleaning product for a while eg. toilet, shower tub, sink...
- Having a drop basket in each room that collects all the items that do not belong to that room for a quick clean-up
- Sorting those baskets regularly
- The Messenger of Allah (may Allah bless him and give him peace) said, "Cover you (food) containers, seal your (water) vessels, lock your doors and blow out your lamps. Surely, Shaytan can not untie a vessel, open a door, or uncover a container. Thus if any of you can only place a stick over his container and mention the name of Allah, he should do so...." [Muslim]
- Organize toys with pictures so anyone (especially kids) can easily clean up toys
- Clean the doorstep regularly as it increases sustenance according to Sunnah
- Separate laundry baskets according to colors and make family members play the game
- Set a specific time for a family quick clean up as the day is coming to an end

